# **Complete Summary**

## **TITLE**

Diagnosis and treatment of headache: percentage of migraineurs who have documentation in the medical record that they have received written educational materials on migraines at a clinic/office visit.

## SOURCE(S)

Institute for Clinical Systems Improvement (ICSI). Diagnosis and treatment of headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2009 Mar. 76 p. [141 references]

## **Measure Domain**

## **PRIMARY MEASURE DOMAIN**

**Process** 

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the Measure Validity page.

## **SECONDARY MEASURE DOMAIN**

Does not apply to this measure

## **Brief Abstract**

## **DESCRIPTION**

This measure is used to assess the percentage of migraineurs who have documentation in the medical record that they have received written educational materials on migraines at a clinic/office visit.

## **RATIONALE**

The priority aim addressed by this measure is to increase education for patients with primary headache.

## PRIMARY CLINICAL COMPONENT

Migraine; patient education; written educational materials

## **DENOMINATOR DESCRIPTION**

All patients age 12 years and older who had an encounter with a primary care provider in the past month for migraine headache

## **NUMERATOR DESCRIPTION**

Number of medical records with documentation of receiving written educational materials about migraine (see the related "Numerator Inclusions/Exclusions" field in the Complete Summary)

## **Evidence Supporting the Measure**

## **EVIDENCE SUPPORTING THE CRITERION OF QUALITY**

 A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence

## **Evidence Supporting Need for the Measure**

## **NEED FOR THE MEASURE**

Unspecified

# **State of Use of the Measure**

## **STATE OF USE**

Current routine use

## **CURRENT USE**

Internal quality improvement

## **Application of Measure in its Current Use**

## **CARE SETTING**

Physician Group Practices/Clinics

#### PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

**Physicians** 

## LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

**Group Clinical Practices** 

## **TARGET POPULATION AGE**

Age greater than or equal to 12 years

#### TARGET POPULATION GENDER

Either male or female

## STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

## **Characteristics of the Primary Clinical Component**

## INCIDENCE/PREVALENCE

Migraine is the most common headache disorder seen by primary care providers.

See also the "Burden of Illness" field.

## **EVIDENCE FOR INCIDENCE/PREVALENCE**

Tepper SJ, Dahlof CG, Dowson A, Newman L, Mansbach H, Jones M, Pham B, Webster C, Salonen R. Prevalence and diagnosis of migraine in patients consulting their physician with a complaint of headache: data from the Landmark Study. Headache2004 Oct;44(9):856-64. PubMed

## **ASSOCIATION WITH VULNERABLE POPULATIONS**

Unspecified

#### **BURDEN OF ILLNESS**

Migraine headaches affect an estimated 23 million Americans, with 11 million experiencing significant headache-related disabilities. Migraine headaches also have an economic impact through significant losses in productivity as well as through health care costs.

## **EVIDENCE FOR BURDEN OF ILLNESS**

Institute for Clinical Systems Improvement (ICSI). Diagnosis and treatment of headache: executive summary. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2009 Mar. 1 p.

#### **UTILIZATION**

Unspecified

## **COSTS**

See the "Burden of Illness" field.

# **Institute of Medicine National Healthcare Quality Report Categories**

# **IOM CARE NEED**

Living with Illness

## **IOM DOMAIN**

Effectiveness Patient-centeredness

## **Data Collection for the Measure**

## **CASE FINDING**

Users of care only

## **DESCRIPTION OF CASE FINDING**

Patients age 12 years and older with diagnosis of migraine headache

A chart abstraction is conducted to determine if there is evidence that a clinician provided education about migraines.

Suggested data collection time frame is monthly.

## **DENOMINATOR SAMPLING FRAME**

Patients associated with provider

## **DENOMINATOR INCLUSIONS/EXCLUSIONS**

## **Inclusions**

All patients age 12 years and older who had an encounter with a primary care provider in the past month for migraine headache

## **Exclusions**

Unspecified

## RELATIONSHIP OF DENOMINATOR TO NUMERATOR

All cases in the denominator are equally eligible to appear in the numerator

# **DENOMINATOR (INDEX) EVENT**

Clinical Condition Encounter

## **DENOMINATOR TIME WINDOW**

Time window is a single point in time

## NUMERATOR INCLUSIONS/EXCLUSIONS

#### **Inclusions**

Number of medical records with documentation\* of receiving written educational materials about migraine

\*Documentation is defined as any evidence in the medical record that written educational materials were provided to the patient about migraine and lifestyle management. This can include information about:

- Genetic predisposition to migraine
- Role of lifestyle changes
- Stress reduction, regular eating and sleeping schedules, and regular aerobic exercise
- Results of overuse of analgesics and acute migraine drugs
- · Benefit of keeping a headache diary
- Treatment approaches

#### **Exclusions**

Unspecified

# MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

## **NUMERATOR TIME WINDOW**

Encounter or point in time

#### **DATA SOURCE**

Medical record

## LEVEL OF DETERMINATION OF QUALITY

Individual Case

#### PRE-EXISTING INSTRUMENT USED

Unspecified

## **Computation of the Measure**

#### **SCORING**

Rate

## **INTERPRETATION OF SCORE**

Better quality is associated with a higher score

#### ALLOWANCE FOR PATIENT FACTORS

Unspecified

## STANDARD OF COMPARISON

Internal time comparison

## **Evaluation of Measure Properties**

## **EXTENT OF MEASURE TESTING**

Unspecified

# **Identifying Information**

## **ORIGINAL TITLE**

Percentage of migraineurs who have documentation in the medical record that they have received written educational materials on migraines at a clinic/office visit.

#### **MEASURE COLLECTION**

Diagnosis and Treatment of Headache Measures

#### **DEVELOPER**

Institute for Clinical Systems Improvement

## **FUNDING SOURCE(S)**

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## **COMPOSITION OF THE GROUP THAT DEVELOPED THE MEASURE**

Work Group Members: John Beithon, MD (Work Group Leader) (Lakeview Clinic) (Family Medicine); Chris Hult, MD (HealthPartners Medical Group and Regions Hospital) (Family Medicine); Mark Liebow, MD (Mayo Clinic) (Internal Medicine); Jerry Swanson, MD (Mayo Clinic) (Neurology); Frederick Taylor, MD (Park Nicollet

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John Beithon, MD jointly owns stock through a family member's employee benefit option.

Frederick Taylor, MD has participated and received remuneration as an Advisory Board member for GlaxosmithKline and Merck. He received speaker's fees and associated expense compensation for Speaker's Bureau participation for GlaxoSmithKline, Merck and Endo Pharmaceuticals. He has also received honorarium from Current Medicine for editorship of Current Pain and Headache Reports for 2008 and 2009. Additionally, he receives authorship content fees from Up to Date.

Jerry Swanson, MD has received royalties from Up To Date.

No other work group members have potential conflicts of interest to disclose.

#### **ADAPTATION**

Measure was not adapted from another source.

#### **RELEASE DATE**

2003 Jul

#### **REVISION DATE**

2009 Jan

#### **MEASURE STATUS**

This is the current release of the measure.

This measure updates a previous version: Institute for Clinical Systems Improvement (ICSI). Diagnosis and treatment of headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2007 Jan. 59 p.

## SOURCE(S)

Institute for Clinical Systems Improvement (ICSI). Diagnosis and treatment of headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2009 Mar. 76 p. [141 references]

## **MEASURE AVAILABILITY**

The individual measure, "Percentage of Migraineurs Who Have Documentation in the Medical Record That They Have Received Written Educational Materials on Migraines at a Clinic/Office Visit," is published in "Health Care Guideline: Diagnosis and Treatment of Headache." This document is available from the <u>Institute for Clinical Systems Improvement (ICSI) Web site.</u>

For more information, contact ICSI at, 8009 34th Avenue South, Suite 1200, Bloomington, MN 55425; phone: 952-814-7060; fax: 952-858-9675; Web site: <a href="https://www.icsi.org">www.icsi.org</a>; e-mail: <a href="https://icsi.info@icsi.org">icsi.info@icsi.org</a>.

## **NQMC STATUS**

This NQMC summary was completed by ECRI on April 28, 2004. This summary was updated by ECRI Institute on January 31, 2005, February 27, 2006, September 25, 2007, and again on June 22, 2009.

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